



# Women's Empowerment: Lesson Plan



# Women's Empowerment - lesson plan and activity

## Overview of learning activities

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This activity aims to clarify the role of women and girls in creating change, and demonstrate how they can help their community overcome poverty. Through abstract thinking, students can appreciate the impact of gender inequality, the importance of empowering women and girls and understand how investing in women through education and other means can help communities and save lives.

## Learning outcomes

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Students will develop their research, communication and reflection skills by producing a poster that encourages them to reflect on the term 'empowerment' and what this means in relation to women and girls living in poverty.

## Materials needed

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This activity requires the screening of some short videos and arts and crafts stationary like coloured pencils, paper, paint, highlighters, etc.

## Directions

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1. After reading the **Women's Empowerment page of the Teacher's Toolkit**, screen *The Girl Effect videos* from <http://www.thegirleffect.org>
2. Divide students into groups of five and provide them with poster paper, arts and crafts stationary such as coloured pencils, paint, highlighters, etc.
3. Ask each group to write down how girls living in extreme poverty can be disadvantaged, and how they can help make the world a better place. Ask the groups to share their responses with each other.
4. Instruct students to write what they think empowerment means, how women can be empowered and why it is important that they are empowered in this way (i.e. to achieve gender equality).
5. Provide them with magazines and newspapers and ask them to cut out empowered women and stick them onto the poster. (This can also be done in the form of a drawing)
6. Photocopy the picture below of what an empowered woman looks like, and ask the students to compare the women they have chosen for their posters with the qualities of the woman in the picture.
7. Encourage students to consider the following:
  - What is the difference between gender equality and women's empowerment?
  - Why would the community benefit from gender equality?
  - Why is educating women important?
  - What are the health benefits if women achieve gender equality?

- What sort of activities empower women to achieve gender equality?
- Who is responsible for and should be involved in creating gender equality? (everyone: women, men, girls and boys)