



Food and Nutrition: Essay Questions



1. Discuss the term 'subsistence farming'. Is this a viable option for overcoming hunger and avoiding malnutrition? Why/why not?
2. Do men and women play different roles and face different challenges in food production?
3. Food security is a basic human right, yet around the world, one in every eight people does not have enough food to eat. Discuss this statement and draw on some of the barriers to food security.